

## VET FEMALE TEAM

	NUMBER	STAGE	RUNNER	GENDER	CLUB	TEAM	CATEGORY	FINISH TIME	RUN TIME	TEAM TIME
1	56 A		Katy Roy	F	Chepstow Harriers	Harrier Harridans	Vet Female Team (140+)	0:11:45	0:11:45	<b>0:49:27</b>
	56 B		Niki Morgan	F	Chepstow Harriers	Harrier Harridans	Vet Female Team (140+)	0:24:08	0:12:23	
	56 C		Lisa Jeffrey	F	Chepstow Harriers	Harrier Harridans	Vet Female Team (140+)	0:37:12	0:13:04	
	56 D		Sarah Bell	F	Chepstow Harriers	Harrier Harridans	Vet Female Team (140+)	0:49:27	0:12:15	
2	7 A		Hayley Jackson	F	Parc Bryn Bach Running Club	Parc Bryn Bach RC Female Vet 1	Vet Female Team (140+)	0:13:12	0:13:12	<b>0:56:01</b>
	7 B		Suzanne Stockham-Tew	F	Parc Bryn Bach Running Club	Parc Bryn Bach RC Female Vet 1	Vet Female Team (140+)	0:27:37	0:14:25	
	7 C		Delphine Jones	F	Parc Bryn Bach Running Club	Parc Bryn Bach RC Female Vet 1	Vet Female Team (140+)	0:42:43	0:15:06	
	7 D		Rachael Lewis	F	Parc Bryn Bach Running Club	Parc Bryn Bach RC Female Vet 1	Vet Female Team (140+)	0:56:01	0:13:18	
3	37 A		Carrie Perry	F	NONE	Kelly's Robbies Ladies	Vet Female Team (140+)	0:15:15	0:15:15	<b>1:00:01</b>
	37 B		Elaine Rees	F	NONE	Kelly's Robbies Ladies	Vet Female Team (140+)	0:30:36	0:15:21	
	37 C		Emelye Allmark	F	NONE	Kelly's Robbies Ladies	Vet Female Team (140+)	0:46:06	0:15:30	
	37 D		Kelly Langford	F	NONE	Kelly's Robbies Ladies	Vet Female Team (140+)	1:00:01	0:13:55	
4	51 A		Kath Parkinson	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 1	Vet Female Team (140+)	0:16:04	0:16:04	<b>1:00:37</b>
	51 B		Tracy Baker	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 1	Vet Female Team (140+)	0:30:23	0:14:19	
	51 C		Stacey Morgan	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 1	Vet Female Team (140+)	0:45:43	0:15:20	
	51 D		Nicola Smith	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 1	Vet Female Team (140+)	1:00:37	0:14:54	
5	15 A		Helen Warrender	F	Griffithstown Harriers	Griff F Vet Women	Vet Female Team (140+)	0:15:14	0:15:14	<b>1:00:59</b>
	15 B		Carly Stone	F	Griffithstown Harriers	Griff F Vet Women	Vet Female Team (140+)	0:29:28	0:14:14	
	15 C		Keren Beard	F	Griffithstown Harriers	Griff F Vet Women	Vet Female Team (140+)	0:45:26	0:15:58	
	15 D		Samantha Walker	F	Griffithstown Harriers	Griff F Vet Women	Vet Female Team (140+)	1:00:59	0:15:33	
6	30 A		Alison Davies	F	Fairwater Runners Cwmbbran	The Chirpy Crows	Vet Female Team (140+)	0:16:38	0:16:38	<b>1:03:01</b>
	30 B		Stella Symons	F	Fairwater Runners Cwmbbran	The Chirpy Crows	Vet Female Team (140+)	0:32:54	0:16:16	
	30 C		Jane Lewis	F	Fairwater Runners Cwmbbran	The Chirpy Crows	Vet Female Team (140+)	0:48:31	0:15:37	
	30 D		Elizabeth Walsh	F	Fairwater Runners Cwmbbran	The Chirpy Crows	Vet Female Team (140+)	1:03:01	0:14:30	
7	44 A		Sandra Chipper	F	Lliswerry Runners	Likely Lliswerians #2	Vet Female Team (140+)	0:12:18	0:12:18	<b>1:03:18</b>
	44 B		Claire Price	F	Lliswerry Runners	Likely Lliswerians #2	Vet Female Team (140+)	0:28:12	0:15:54	
	44 C		Tracy Strydom	F	Lliswerry Runners	Likely Lliswerians #2	Vet Female Team (140+)	0:46:39	0:18:27	
	44 D		Lisa Nichols	F	Lliswerry Runners	Likely Lliswerians #2	Vet Female Team (140+)	1:03:18	0:16:39	
8	39 A		Vicky Stroud	F	NONE	Debbie's Robbies Ladies	Vet Female Team (140+)	0:15:29	0:15:29	<b>1:03:35</b>
	39 B		Coral Putman	F	NONE	Debbie's Robbies Ladies	Vet Female Team (140+)	0:31:27	0:15:58	
	39 C		Debbie Otley	F	NONE	Debbie's Robbies Ladies	Vet Female Team (140+)	0:47:49	0:16:22	
	39 D		Esther Sowerby	F	NONE	Debbie's Robbies Ladies	Vet Female Team (140+)	1:03:35	0:15:46	
9	17 A		Daniela Gormley	F	Griffithstown Harriers	Griff H Vet Women	Vet Female Team (140+)	0:14:56	0:14:56	<b>1:04:36</b>
	17 B		Emma Smith	F	Griffithstown Harriers	Griff H Vet Women	Vet Female Team (140+)	0:31:52	0:16:56	
	17 C		Jessica Appleby	F	Griffithstown Harriers	Griff H Vet Women	Vet Female Team (140+)	0:47:15	0:15:23	
	17 D		Nicola Allford	F	Griffithstown Harriers	Griff H Vet Women	Vet Female Team (140+)	1:04:36	0:17:21	
10	43 A		Louise Hopkins	F	Lliswerry Runners	Likely Lliswerians #1	Vet Female Team (140+)	0:16:26	0:16:26	<b>1:06:07</b>
	43 B		Gaynor Lugg	F	Lliswerry Runners	Likely Lliswerians #1	Vet Female Team (140+)	0:34:09	0:17:43	
	43 C		Lauren Potter	F	Lliswerry Runners	Likely Lliswerians #1	Vet Female Team (140+)	0:51:14	0:17:05	
	43 D		Dee Thomas	F	Lliswerry Runners	Likely Lliswerians #1	Vet Female Team (140+)	1:06:07	0:14:53	

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11	52 A	Kay Morgan	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 2	Vet Female Team (140+)	0:16:24	0:16:24	1:06:18
	52 B	Emma Batty	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 2	Vet Female Team (140+)	0:33:22	0:16:58	1:06:18
	52 C	Marisa Benjamin	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 2	Vet Female Team (140+)	0:49:33	0:16:11	1:06:18
	52 D	Katie Allen	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 2	Vet Female Team (140+)	1:06:18	0:16:45	1:06:18
12	53 A	Lubi Ford	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 3	Vet Female Team (140+)	0:14:47	0:14:47	1:06:30
	53 B	Melinda Daley	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 3	Vet Female Team (140+)	0:30:56	0:16:09	1:06:30
	53 C	Sharon Herbert	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 3	Vet Female Team (140+)	0:47:46	0:16:50	1:06:30
	53 D	Eigen Halpin	F	Pont-Y-Pwl & District Runners	Pont-y-pwl ladies vet 3	Vet Female Team (140+)	1:06:30	0:18:44	1:06:30
13	38 A	Kirstie Davies	F	NONE	Claire's Robbies Ladies	Vet Female Team (140+)	0:15:31	0:15:31	1:07:01
	38 B	Claire Lloyd-Thomas	F	NONE	Claire's Robbies Ladies	Vet Female Team (140+)	0:32:05	0:16:34	1:07:01
	38 C	Emma Jones	F	NONE	Claire's Robbies Ladies	Vet Female Team (140+)	0:49:28	0:17:23	1:07:01
	38 D	Bethan Jones	F	NONE	Claire's Robbies Ladies	Vet Female Team (140+)	1:07:01	0:17:33	1:07:01
14	20 A	Jenny Bradfield	F	Griffithstown Harriers	Griff K Vet Women	Vet Female Team (140+)	0:17:41	0:17:41	1:12:01
	20 B	Frances Brennan-Davies	F	Griffithstown Harriers	Griff K Vet Women	Vet Female Team (140+)	0:34:55	0:17:14	1:12:01
	20 C	Helen Desmond	F	Griffithstown Harriers	Griff K Vet Women	Vet Female Team (140+)	0:54:06	0:19:11	1:12:01
	20 D	Sharon Horseman	F	Griffithstown Harriers	Griff K Vet Women	Vet Female Team (140+)	1:12:01	0:17:55	1:12:01
15	22 A	Emma Williams	F	NONE	RUNNewport 1	Vet Female Team (140+)	0:20:00	0:20:00	1:12:29
	22 B	Julie Bagnell Thomas	F	NONE	RUNNewport 1	Vet Female Team (140+)	0:38:18	0:18:18	1:12:29
	22 C	Alison Ellis	F	NONE	RUNNewport 1	Vet Female Team (140+)	0:55:01	0:16:43	1:12:29
	22 D	Cath Ingleson	F	NONE	RUNNewport 1	Vet Female Team (140+)	1:12:29	0:17:28	1:12:29
16	33 A	Sarah Kelland	F	Fairwater Runners Cwmbbran	The Filly Crows	Vet Female Team (140+)	0:20:25	0:20:25	1:13:33
	33 B	Sue Williams	F	Fairwater Runners Cwmbbran	The Filly Crows	Vet Female Team (140+)	0:41:06	0:20:41	1:13:33
	33 C	Kate Palfrey	F	Fairwater Runners Cwmbbran	The Filly Crows	Vet Female Team (140+)	0:57:55	0:16:49	1:13:33
	33 D	Julie Roche	F	Fairwater Runners Cwmbbran	The Filly Crows	Vet Female Team (140+)	1:13:33	0:15:38	1:13:33
17	24 A	Gill Lewis	F	NONE	RUNNewport 3	Vet Female Team (140+)	0:16:29	0:16:29	1:17:05
	24 B	Ann James	F	NONE	RUNNewport 3	Vet Female Team (140+)	0:33:59	0:17:30	1:17:05
	24 C	Glynis Appleby	F	NONE	RUNNewport 3	Vet Female Team (140+)	0:56:05	0:22:06	1:17:05
	24 D	Suzanne Elizabeth	F	NONE	RUNNewport 3	Vet Female Team (140+)	1:17:05	0:21:00	1:17:05